

Harm Reduction and Substance Use Disorder Services

Thunder Bay





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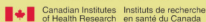
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Purpose of this Booklet

This booklet was created as a guide for researchers, community partners, and participants engaged with the Walking for Harm Reduction through Street Engagement (WHiSE 2.0) study. This study was funded by the Canadian Institutes of Health Research (CIHR).



About



The Walking for Harm Reduction through Street Engagement (WHiSE 2.0) project seeks to generate new insights into the harm reduction needs preferred and used by Indigenous people in Thunder Bay, Sault Ste. Marie, and Sudbury. Also, the project aims to determine the rates of sexually transmitted and bloodborne infections and substance use among Indigenous populations in these cities. By gathering data on preferred harm reduction approaches, the research team can evaluate the effectiveness of strategies, enabling Community Leaders, Elevate NWO, and Oahas to tailor their services to better meet the needs of their Indigenous clients.

The background of the page is a photograph of a body of water, likely a lake or bay. In the foreground, there is a rocky pier or breakwater extending into the water. To the right, a small white lighthouse with a red roof is visible. The water is a deep blue, and the sky is a pale blue. In the distance, there are hills or mountains.

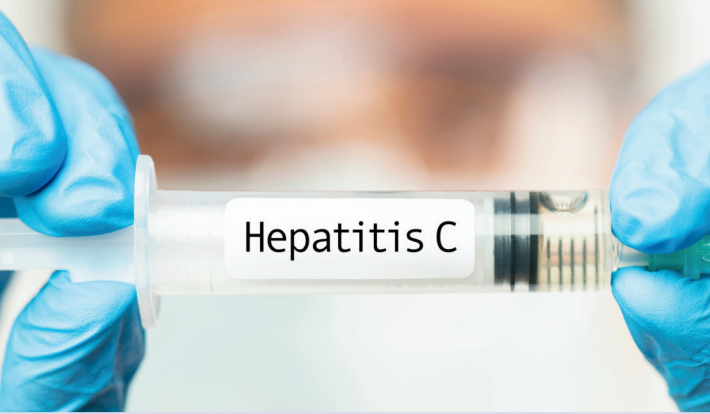
Land Acknowledgement

We would like to acknowledge that Thunder Bay is located on the traditional lands of the Fort William First Nation, Signatory to the Robinson Superior Treaty of 1850. We extend our deepest respect to Indigenous peoples.



ELEVATE NWO

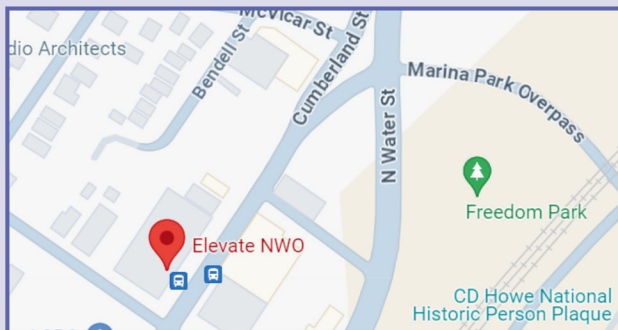
HIV - Test



Services

Elevate NWO is a community-based not-for-profit organization that provides services to improve the lives of people at risk of HIV/AIDs and Hepatitis C. They offer:

- Support for people living with HIV including an HIV clinic
- Hepatitis C treatment and support
- Alcohol craving management program
- Case management program



Contact

☎ 807-345-1516

✉ info@elevatenwo.org

🌐 elevatenwo.org

🏠 106 Cumberland St N, Suite 102,
Thunder Bay, ON, P7A 4M2

🕒 Mon-Fri: 9am-4pm

ONTARIO ABORIGINAL HIV/AIDS STRATEGY (Oahas)



Services

Oahas provides culturally respectful and sensitive programs and strategies to respond to HIV/AIDS among Indigenous people in Ontario. Some of the services they offer are:

- Harm reduction supplies (e.g., condoms and naloxone)
- Assistance accessing food, clothing, and shelter
- Access to traditional medicines and supports
- Support with HIV/AIDS discrimination issues, including referrals to legal supports
- Pre and post-test supports



Contact

☎ 647-490-6339 ext. 603

✉ info@oahas.org

🌐 oahas.org

🏠 106 Cumberland St N, Suite 102,
Thunder Bay, ON, P7A 4M2

🕒 Mon-Fri: 9:00am-4:00pm

The background of the page features a close-up photograph of several hands of different skin tones cupped together in a supportive gesture. Overlaid on the right side is a large, bright yellow paper-cut style house icon. In the center, a semi-transparent blue rectangle with a dark blue border contains the text.

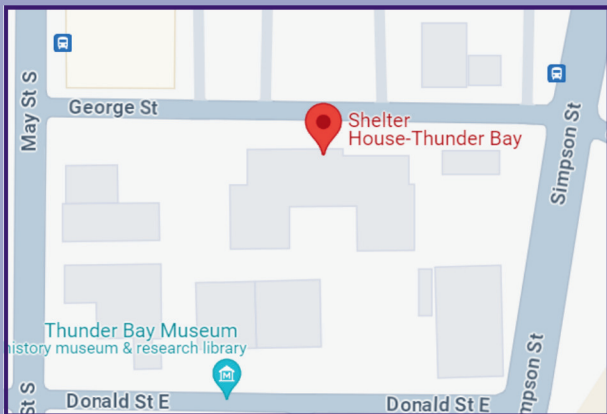
ROTARY SHELTER HOUSE



Services

Shelter House is the only low-barrier shelter in Thunder Bay. They provide basic needs, dignity, and comfort to those living in poverty. They offer a range of services including:

- Emergency shelter
- Community kitchen (3 free meals a day and 24 hour access to food at the door)
- Housing support to transition individuals into independent living
- Clothing access
- Harm reduction supplies
- Kwae Kii Win Managed Alcohol Program



Contact

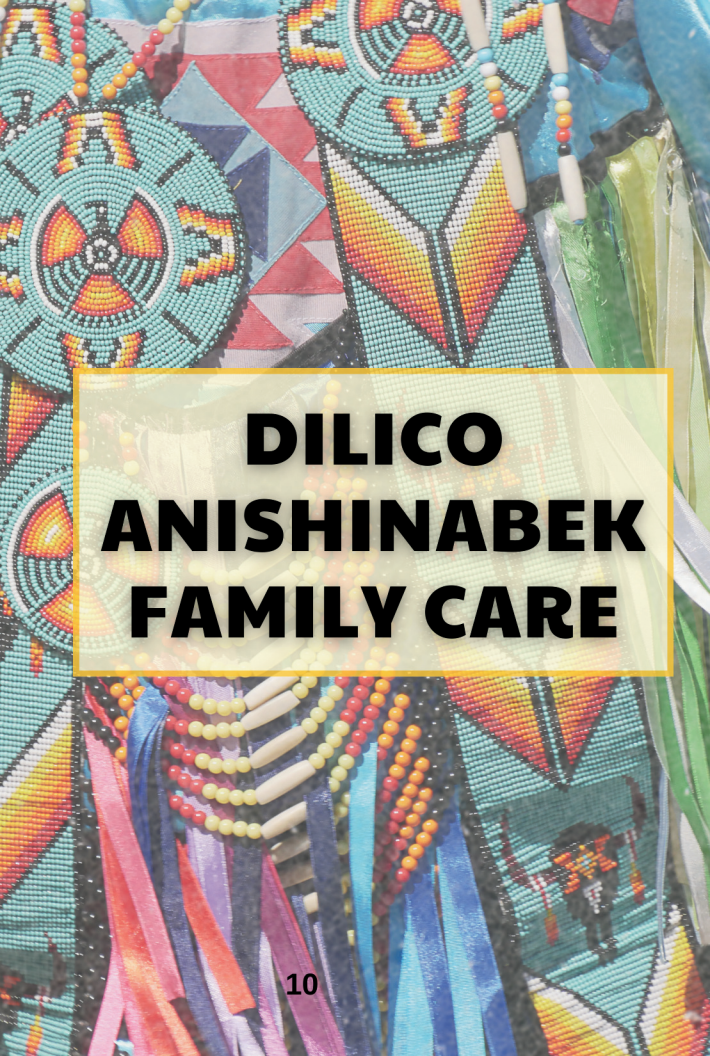
☎ 807-623-8182

✉ info@shelterhouse.on.ca

🌐 shelterhouse.on.ca

🏠 420 George St, Thunder Bay, ON,
P7E 5Y8

🕒 24/7



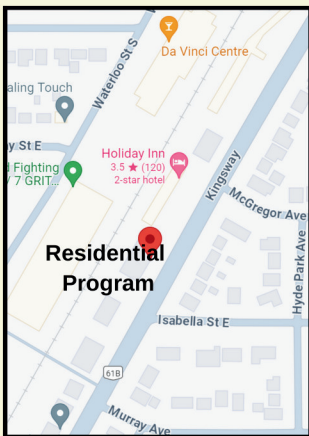
DILICO ANISHINABEK FAMILY CARE



Services

Guided by the teachings of the past and Anishinabek culture, Dilico provides:

- Three C's Reintroduction Centre - Long Term Residential Recovery Facility: Group therapy, life skills, relapse prevention, positive peer culture, one-to-one counselling, and workshops for adult Anishinabek males with a substance use disorder
- Thunder Bay Seaway Non-Profit Apartments: Affordable housing for people with substance use disorders



Contact



3C's: 807-767-4172

Housing services: 807-623-4864



dilico.com




3 C's: 226 Dog Lake Rd, Thunder Bay,
ON, P7G 2G2

Housing services: 415 Kingsway,
Thunder Bay, ON, P7E 2A6



24/7



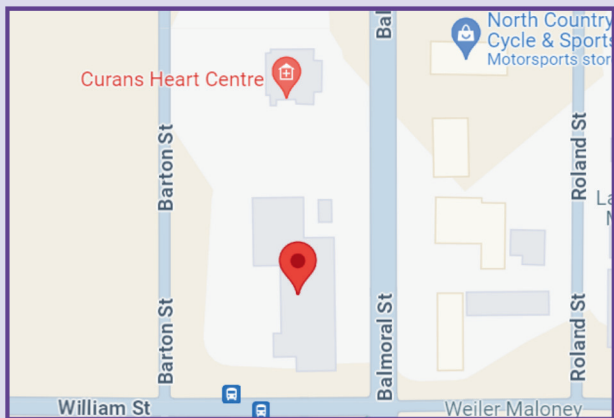
SUPERIOR POINTS HARM REDUCTION PROGRAM



Services

The Superior Points Harm Reduction Program is offered by the Thunder Bay District Health Unit. Some of the services provided include:

- Needle and syringe exchange
- Free nasal spray naloxone kits
- Overdose awareness training
- HIV/AIDS and Hepatitis C prevention education
- Condom and sterile water
- Outreach and referral to other agencies



Contact

☎ 807-621-7862 / 807-621-7861

✉ harm.reduction@tbdhu.com

🌐 tbdhu.com/superiorpoints

🏠 999 Balmoral St, Thunder Bay,
ON, P7B 6E7

🕒 Mon-Fri: 11am-4pm, 5pm-8pm



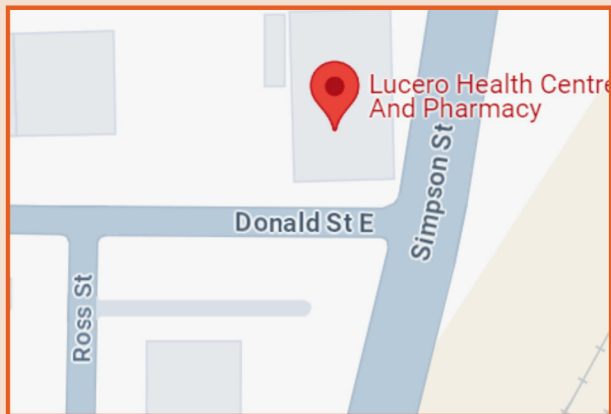
LUCERO HEALTH CENTRE



Services

Lucero Health Centre offers opioid agonist treatment services on a 12-24 month out-patient model. Their services include:

- Methadone
- Suboxone



Contact

☎ 807-625-5400

✉ Thunderbaysouth@luceromed.com

🏠 401 Donald St E, Thunder Bay, ON,
P7E 5V1

🕒 Mon-Fri: 8am-4pm
Sat-Sun: 9am-12pm



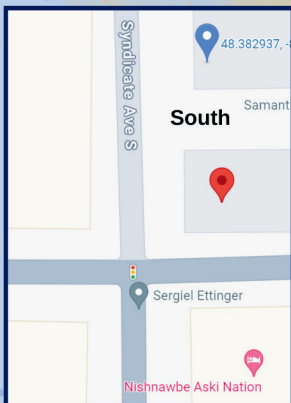
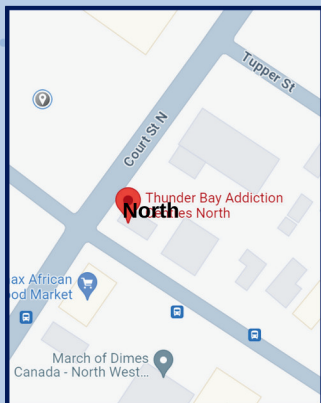
THUNDER BAY ADDICTION CENTRES



Services

Thunder Bay Addiction Centers strives to help people with substance use disorders in an empathic manner, using kindness, wellness, and medication in a non-judgemental clinical setting. They offer:

- Methadone
- Suboxone
- Naloxone Kits



Contact



NORTH: 807-346-8844

SOUTH: 807-623-8844



NORTH: tbac.north@outlook.com

SOUTH: tbac.south@outlook.com



tbac.ca



NORTH: 69 Court St N, Thunder Bay,
ON, P7A 4T7

SOUTH: 140 Syndicate Ave S,
Thunder Bay, ON, P7E 1C6



Mon-Sun: 8am-4pm

A background image showing a close-up of several hands clapping together. The hands are of different skin tones, and the motion is blurred, suggesting a group of people participating in a collective activity. The image is overlaid with a semi-transparent blue rectangle containing white text.

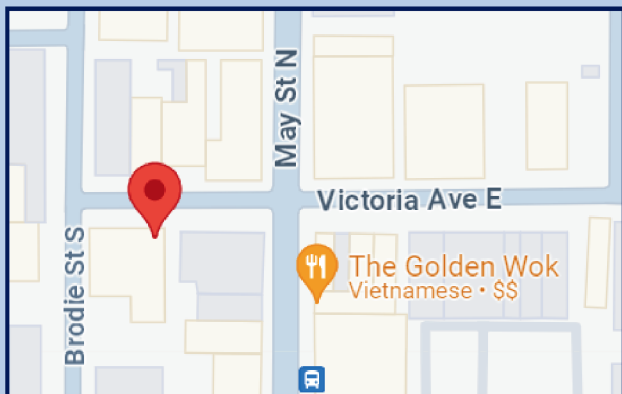
PEOPLE ADVOCATING FOR CHANGE THROUGH EMPOWERMENT (PACE)



Services

Pace advocates and provides services for people struggling with substance use disorders, mental health challenges, and homelessness. Some of the services they offer include:

- Cooling centre
- Warming Centre
- Mental health education and training



Contact

☎ 807-343-4760

✉ peoplechange@tbaytel.ca

🏠 510 Victoria Ave E, Thunder Bay,
ON, P7C 1A7

🕒 Mon-Fri: 9am-4pm
Sat-Sun: 9am-3pm



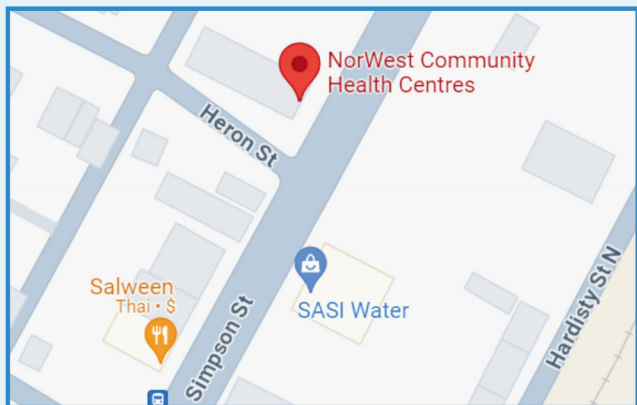
PATH 525



Services

Path 525 is an overdose prevention site that is offered by NorWest Community Health Centre. They provide individuals with a safe place to consume substances. Some of the services they offer include:

- Safe consumption and treatment services
- Harm reduction supplies (e.g., needles and syringes)
- Overdose response



Contact

☎ 807-622-8235

🌐 norwestchc.org/programs-services/path-525/

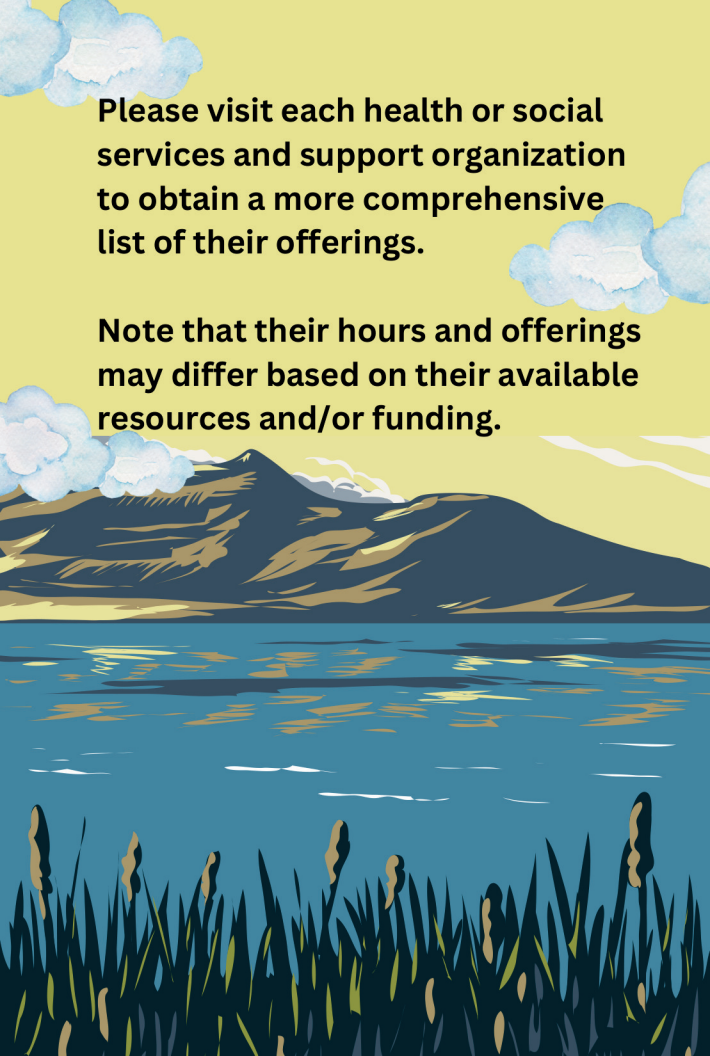
🏠 525 Simpson St, Thunder Bay, ON,
P7C 3J6 (Located in Norwest
Community Health Centre)

🕒 Mon-Thurs: 8:30am-8pm
Fri: 8:30am-4:30pm
Sat-Sun: 10am-3pm

Notes

Notes

Notes

The background of the entire page is a stylized landscape. At the top, there are two fluffy, light blue clouds against a pale yellow sky. Below the sky is a range of dark blue mountains with lighter blue and yellow highlights on their slopes. In front of the mountains is a body of water, depicted with horizontal bands of blue and yellow, suggesting reflections. At the bottom of the image, there is a dense field of dark blue reeds or grasses with yellow highlights.

Please visit each health or social services and support organization to obtain a more comprehensive list of their offerings.

Note that their hours and offerings may differ based on their available resources and/or funding.