Harm Reduction and Substance Use Disorder Services

Sault Ste. Marie





#### **TABLE OF CONTENTS**

- 01 ONTARIO ABORIGINAL HIV/AIDS STRATEGY (Oahas)
- 04 CANADIAN
  MENTAL
  HEALTH
  ASSOCIATON
- 07 HIV/AIDS RESOURCE PROGRAM

- 10 MAAMWESYING NORTH SHORE COMMUNITY HEALTH SERVICES
  - 13 ROAD TO RECOVERY ADDICTION CLINIC
- 16 INDIGENOUS FRIENDSHIP CENTRE

- 19 PHOENIX RISING NON-PROFIT HOMES AND WOMEN'S CENTRE
- 22 ONTARIO ADDICTION TREATMENT CENTRE
- 25 SAULT AREA HOSPITAL

#### Purpose of this Booklet

This booklet was created as a guide for researchers, community partners, and participants engaged with the Walking for Harm Reduction through Street Engagement (WHISE 2.0) study. This study was funded by the Canadian Institutes of Health Research (CIHR).













#### **About**

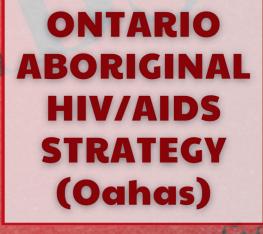


The Walking for Harm Reduction through Street Engagement (WHiSE 2.0) project seeks to generate new insights into the harm reduction needs preferred and used by Indigenous people in Thunder Bay, Sault Ste. Marie, and Sudbury. Also, the project aims to determine the rates of sexually transmitted and bloodborne infections and substance use among Indigenous populations in these cities. By gathering data on preferred harm reduction approaches, the research team can evaluate the effectiveness of strategies, enabling Community Leaders, Elevate NWO, and Oahas to tailor their services to better meet the needs of their Indigenous clients.

## Land Acknowledgement

We would like to acknowledge that we are in Robinson-Huron Treaty territory and that the land on which this project is situated is the traditional territory of the Anishnaabeg, specifically the Garden River and Batchewana First Nations, as well as Métis People.

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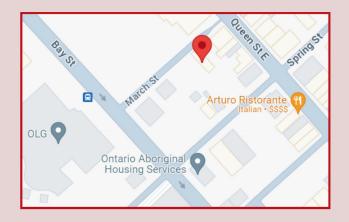
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Oahas provides culturally respectful and sensitive programs and strategies to respond to HIV/AIDS among Indigenous people in Ontario. Some of the services they offer are:

- Harm reduction supplies (e.g., condoms and naloxone)
- Assistance accessing food, clothing, and shelter
- Access to traditional medicines and supports
- Support with HIV/AIDS discrimination issues, including referrals to legal supports
- Pre and post-test supports



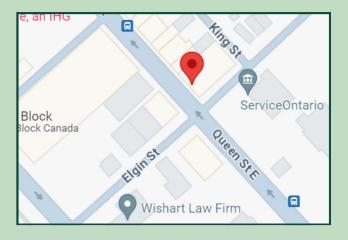
- ( 647-490-6339 ext. 502
- info@oahas.org
- oahas.org
- 80 March St, Suite 201, Sault Ste. Marie, ON, P6A 2Z2
- O Mon-Fri: 9am-4:30pm





The Canadian Mental Health Association (CMHA) is a community mental health organization that offers several mental health and substance use disorder services including:

- A needle exchange site
- Peer support
- Harm reduction kits (e.g., naloxone)
- Direct and instant referrals and assessments for further support



- ( 705-759-5989 / 705-759-0458
- information@cmhassm.com
- ssm-algoma.cmha.ca
- Main office Mon-Fri: 8:30am-4:30pm Harm reduction Mon-Fri: 1pm-4pm

## HIV/AIDS RESOURCE PROGRAM (HARP)



HARP is the leading source for HIV/AIDS information and support in Sault Ste. Marie. They provides harm reduction materials in an understanding and supportive environment. Some of their services include:

- Harm reduction kits (e.g., naloxone and fentanyl testing strips)
- · Support with access to HIV treatment
- Education on HIV
- Referrals for further support
- Case management



- **(**) 705-759- 5690
- harp.ghc.on.ca

## MAAMWESYING NORTH SHORE COMMUNITY HEALTH SERVICES



Maamwesying North Shore Community Health services serves 11 First Nations communities and one Friendship centre. Some of the services they offer include:

- Substance use disorder counselling
- After-care programming such as relapse prevention services
- Harm reduction supplies (e.g., naloxone kits)
- · Supervised urine testing
- Medical examination and laboratory tests



- **(**) 705-945-4677
- mwmintake@nmninoeyaa.ca
- maamwesying.ca
- 123 March St, Suite 503, Sault Ste Marie, ON, P6A 2Z5
- O Mon: 12pm-7pm

Tues-Thurs: 8:30am-4pm

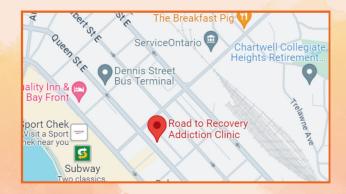
Fri: 12pm-4pm

# ROAD TO RECOVERY ADDICTION CLINIC



Road to Recovery operate several outpatient opioid detoxification centres across Ontario. They specialize in opioid antagonist treatments. Some services they offer include:

- Methadone treatment
- Suboxone treatment
- Kadian treatment
- Mental health services
- Alcohol use disorder program
- Smoking cesation program



- **(**) 705-450-7444
- admin@roadtorecovery.clinic
- roadtorecovery.clinic/locations/sault -ste-marie
- 336 Queen St E, Room 332, Sault Ste. Marie, ON, P6A 1Z1
- Mon: 10am-4pm Tues: 9am-3pm

Wed, Fri: 10am-2pm

Thurs: 2pm-8pm

Sun: 2pm-6pm

## INDIGENOUS FRIENDSHIP CENTRE



Friendship centres are not-for-profit organizations that serve the needs of urban Indigenous people, regardless of status. In Sault Ste. Marie, some of the services they offer include:

- Education, prevention, and intervention for Indigenous people struggling with substance use
- Inter-agency referrals and networking with substance use organizations



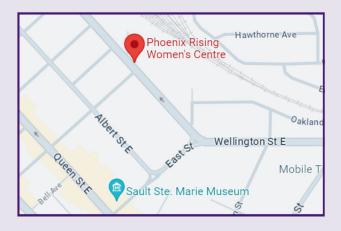
- **©** 705-256-5634
- recept@ssmifc.ca
- ssmifc.com
- Mon-Fri: 8:30am-4:30pm





Phoenix Rising is a community of women who deliver services from a woman's perspective. Some of the services they offer include:

- Support services for women experiencing mental health, substance use disorder, or domestic violence
- Safe and affordable rent geared to income housing



- **©** 705-759-5864
- phoenix.centre@shaw.ca
- phoenixrisingsault.com
- 596 Wellington St E, Sault Ste. Marie, ON, P6A 2M5
- Mon-Wed: 1pm-4pm Thurs: 11:30am-4pm

METHADONE

## ONTARIO ADDICTION TREATMENT CENTRES (OATC)

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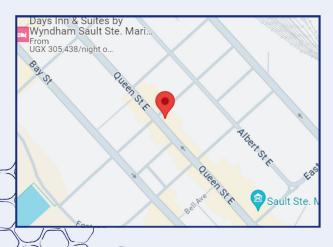
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OATC focuses on a harm reduction model that encourages long term sobriety from all illicit substances. Some of their services include:

- Methadone treatment
- Suboxone treatment
- Sublocade treatment
- Kadian treatment
- Hepatitis C screening and treatment
- Needle exchange and safe inhalation program



- **©** 705-759-8080
- oatc.ca
- Mon-Fri: 8am-4pm Sat-Sun: 9am-12pm







Sault Area Hospital provides primary, secondary and some tertiary health services to residents in Sault Ste. Marie. Some of the services they offer include:

- Harm reduction education and strategies
- A safe location for individuals aged 16 years and over experiencing substance withdrawal, and seeking help with relapse prevention
- · Safe beds



- **©** 705-759-3434
- sah.on.ca/
- 750 Great Northern Rd, Sault Ste. Marie, ON, P6B OA8
- **(**) 24/7

#### **Notes**

#### **Notes**

#### **Notes**

Please visit each health or social services and support organization to obtain a more comprehensive list of their offerings.

Note that their hours and offerings may differ based on their available resources and/or funding.

